

# Mount Greylock State Reservation

Department of Conservation and Recreation



## **JUNE 2022 PROGRAMS**

All Programs are free and open to the public. Children must be accompanied by an adult. Reasonable accommodations available upon request. All programs meet at the Mount Greylock Visitor Center unless otherwise noted. Please follow all current COVID guidelines. Visit Mass.gov/COVID for guidance. For additional information and weather updates, call the Visitor Center at (413) 499-4262.

#### **OPEN DAILY**

#### VISITOR CENTER, 9:00 a.m. - 4:30 p.m.

Interpretive exhibits explore the park story through artifacts and displays. Trail maps, hike guidance, 13-minute orientation film, bathrooms, drinking water available. Wheelchair accessible.

DAILY, **Ongoing** June 19-30

#### STORYWALK® STROLL, Dawn—Dusk

Suitable for young children. Enjoy a story, fresh air and exercise! This self-guided walk through the Visitor Center meadow features the children's book "Summer's Flight, Pollen's Delight." by Flora C. Caputo. Follow the meadow trail, visit pages of the book posted along the path. A wonderful story is waiting for you just ahead on this easy StoryWalk®.

The StoryWalk® Project was created by Anne Ferguson of Montpelier, VT and developed in collaboration with the Kellogg-Hubbard Library. Story Walk® is a registered service mark owned by Ms. Ferguson. This StoryWalk® is provided by Massachusetts Department of Conservation and Recreation Interpretive Services.

WEDNESDAY, June 22

StoryWalk® Kickoff to Summer Reading, 2:00 p.m.

A collabotative event with Lanesborough Public Library! Call the Visitor Center for more information (413) 499-4262



#### POLLINATOR WEEK is June 20—June 26, 2022

Annual celebration in support of pollinator health! Time to raise awareness for pollinators and spread the word about what you can do to protect them. You can celebrate and get involved any way you like. Learn more, visit **HERE** or https:// www.pollinator.org/pollinator-week

MONDAY, June 6, June 20

#### TRAILS AND TALES HIKE, 1:00 p.m.—3:00 p.m.

For all ages. Park Interpreter Mike guides a hike exploring the human side of Mount Greylock. Hikes feature local history, literary inspirations, poetry readings, maybe even a ghost story! Be prepared for the weather. Wear sturdy shoes, bring water, a snack, bug spray and sunscreen.

MONDAY, June 13, June 27

#### FINDING YOUR WAY, 1:00 p.m.—3:00 p.m.

For all ages. Discover how to navigate outdoors with skills of map and compass. Learn traditional methods of path finding in the forest or your own back yard. Identify signs of wildlife, trees by their leaves or bark. Activities may include making a map, or a scavenger hunt. Be prepared for the weather. Wear sturdy boots, bring water, a snack, bug spray and sunscreen.

### Programs continued on next page...

Mount Greylock State Reservation 30 Rockwell Road, Lanesborough, MA 01237. Tel. (413) 499-4262





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#### WEDNESDAY, June 15, June 29

#### MOUNTAIN MINDFULNESS, 10:00 a.m. start time

For ages teen and up. De-stress and get re-connect with nature! Explore healthy, mind-body techniques: yoga, walking meditation, and Forest Bathing- a guided slow, intentional woodland walk to find a meditative spot. Then relax into a conscious mindful state. Sessions guided by certified teachers and vary in duration, 20-120 minutes. Beginners welcome! Call ahead for weekly program information and **meeting locations**, or, visit us on <a href="https://www.facebook.com/">https://www.facebook.com/</a> DCRMountGreylock/, or visit <a href="http://www.facebook.com/">http://www.facebook.com/</a> events/304631915084186/ for June 29 program.

#### WEDNESDAY, June 15

#### GEOCACHING 101, 1:00 p.m.—2:30 p.m.

For all ages. Engage your tech-savvy kids with the natural world. Try geocaching (*JEE-oh-cash-ing*)! This outdoor activity combines hiking with a tech-aided treasure hunt. Learn the basics. Head out on the trail to test out your new skills. Can you find the hidden treasure? Beginners welcome! No experience or digital device necessary. You may bring your digital device, download the free **geocaching.com app**. Children under 18 must be accompanied by an adult. Inclement weather cancels. For more info call the Visitor Center.

#### WEDNESDAY, June 8, June 22

NICE AND EASY TRAIL HIKE, 10:00 a.m.—12:30 p.m. Easy-paced, one to 3-mile guided hikes geared toward seniors, but open to all ages. A wonderful opportunity to join other hiking enthusiasts! Dress for variable weather and wear sturdy boots. Hiking poles recommended. Bring drinking water, bug repellant and a snack. Program duration 90 minutes—2 hours. Inclement weather cancels. **NOTE:** Meeting locations vary. For updates call the Visitor Center (413) 499-4262.

#### THURSDAY, June 16, lune 30

#### THURSDAY, June 9

#### RANDOM RAMBLINGS, 10:00 a.m.—12:30 p.m.

For all ages. Fun guided hikes with a Park Interpreter. Hikes feature seasonal topics with trail locations based on group ability. Be prepared for the weather. Wear sturdy shoes, bring water, a snack, bug spray and sunscreen.

Programs continued on the next page... Mount Greylock State Reservation 30 Rockwell Road, Lanesborough, MA 01237. Tel. (413) 499-4262





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#### FRIDAY, June 10, June 17

#### DISCOVER GREYLOCK HIKES, 1:00 p.m.—3:00 p.m.

All ages. Hike with a Park Interpreter to explore exciting, hidden features of Mount Greylock. Hike may include waterfalls, flora and fauna, and historic sites, incorporates trail skills, outdoor stewardship, and bear awareness. Be prepared for the weather. Wear sturdy shoes, bring water, a snack, bug spray and sunscreen.

#### FRIDAY, June 24

#### GREYLOCK EXPLORER'S CLUB, 1:00 p.m.—3:00 p.m.

Ideal for ages 8–12, but open to all ages. Have fun as an outdoor explorer discovering Mount Greylock. Learn skills to identify signs of wildlife and trees by their leaves or bark. Identify topographic features like water sources, trails and geology. Topics change each week and offer various hands-on activities. Be prepared for the weather. Wear sturdy shoes, bring water, a snack and bug spray.

#### FRIDAY, lune 24

#### FIREFLY FROLIC, 8:30 p.m.—10:00 p.m.

All ages. Did you know that watching fireflies can be fun for you AND safe for bugs? Come learn about fireflies and how to best view these mystical glowing lights of summer! Play a game inside the Visitor Center. Learn safe "catch and release" methods you can use at home. Then take a short walk outside to see fireflies. Dress for evening conditions. Bring a flashlight or BLUE LIGHT headlamp. Bring a small butterfly net if you have one, but please NO GLASS OR ANY COLLECTION DEVICES be used outdoors. **NOTE: space is limited**, **please pre-register** for this program at <a href="https://">https://</a>

june24 firefly frolic.eventbrite.com

#### **SATURDAYS &** SUNDAYS, Ongoing

#### SCENIC SUMMIT TOURS, 1:00 p.m. and 2:00 p.m.

All ages. Park Interpreter-guided short and easy walk along paths explore the cultural landscape and unique ecology of the highest point in Massachusetts. Wheelchair accessible. Meet at the circular relief map at the Summit. Program duration 20-30 minutes. Parking fee may apply.

**Except June 4** 

#### Programs continued on the next page...

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#### SATURDAY, June 4

Two Hikes, 11:00 a.m. & 1:30 p.m.

#### **NATIONAL TRAILS DAY GUIDED HIKES**

All ages. Join us on the American Hiking Society's National Trails Day®, a celebration of America's magnificent Trail System. TWO guided hiking experiences available. **NOTE: Space is limited. Pre-registration is required.** Click on links below for more info.

#### 1) WILBUR'S CLEARING HIKE, 11:00 A.M.

3 hours, 3 miles, strenuous. Appalachian Trail hike, scenic vista, waterfall view. Meet at Wilbur's Clearing parking area on Notch Rd. in North Adams. Register at: <a href="https://">https://</a> <a href="https://">https://">https://</a> <a href="https://">https://</a> <a href="https://">https://">https://</a> <a href="https://">https://">https://">https://</a> <a href="https://">htt

#### 2) FAMILY FOREST HIKE SANDY WILSON, 1:30 P.M.

Join guide Sandy Wilson as Part of our Mountain Mindfulness program series. 2 hours, up to 2 miles, easy to moderate, relaxing and meditative. Register at: <a href="https://ntd\_june4-familyforestwalk.eventbrite.com">https://ntd\_june4-familyforestwalk.eventbrite.com</a>

#### SATURDAY, June 11

#### MT. GREYLOCK PHOTO GROUP MEET-UP, 10:00 a.m.

For all ages and skill levels. everyone who loves nature and opportunity to photograph the beauty of majestic mountain landscapes! Meeting locations vary. Bring along your camera, tablet or your cellphone. Program duration 90 minutes—2 hours. For more info, visit us on Facebook at <a href="https://www.facebook.com/groups/427752957932877">https://www.facebook.com/groups/427752957932877</a>. Call the Visitor Center at (413) 499-4262 for meeting locations, directions, and weather updates.

# SUNDAYS, Ongoing

NATURE SCAVENGER HUNT, 10:00 a.m.—3:00 p.m. Suitable for children and families. **Program is self-guided.** Adventurous quests invite you to search for natural treasures along park trails. Several "seek and find" scavenger hunts for different age and skill levels. Scavenger Hunt pages available at Visitor Center and at the summit during program times. Ask a Park Interpreter for more information.